

Via

PARENTING



# From Chaos to Tranquility in the Preschool Years

**FREE**

**Parenting Strategies that Work**

**Manage Meltdowns with Ease**

**End Power Struggles Gracefully**

## In This FREE 2 Hour Workshop, You Will:

- Get our 2 Hottest Tips for Helping Children Cooperate Now AND Stay Close to You When They Are Adults.
- Learn 3 Surprising Mistakes Parents Make With their Preschooler.
- Discover Why Experts are Pushing “Mindfulness” and How You Can Start to Ride the Wave Too.
- Debunk the Most Frustrating Myth Around Cooperation to Eliminate the Drama in Seconds.

**DATE:**

**Location:**

**RSVP:**

**Rachel Sklar, MSW**

Founder, ViaParenting  
PCI Certified Parent Coach & Strategist

Glowing mother of 3, Rachel is one of the Bay Area’s most incredible resources for parents of preschoolers who long for an easier life with kids. Rachel’s approach to parenting is heart-centered, no-nonsense and fully customizable to the individual strengths and challenges of your family.



Parenting Tip #1: Take a photo of this flyer and email it to yourself.  
Parenting Tip #2: Visit [viaparenting.com](http://viaparenting.com) to learn more about Rachel.